

## “Aanand Kendra” by Unnat Bharat Abhiyan Team

Unnat Bharat Abhiyan (UBA) team came up with an inspiring motive and started a unique programme, “Aanand Kendra” on January 12, 2019, in Khudupur and on February 9, 2020, in Kansapada before COVID. It was interrupted because of the pandemic and resumed after COVID on April 24, 2022, and June 5, 2022, in Khudupur and Kansapada, respectively. The main objectives of Aanand Kendra are:

- ❖ To ensure the learners’ thorough understanding of fundamentals and contribute to their academic success.
- ❖ To ensure the child’s all-around development including personal, social, and spiritual aspects.
- ❖ To enable the children to accept life and encounter all its challenges, trials and tribulations with full courage.
- ❖ To help the learners in materialising their possibilities to excel.

The main theme of Aanand Kendra is to strengthen the inner core of students and build their leadership abilities. As a part of this programme, numerous recreational activities, including yoga, storytelling, singing, and games, were taught to children. Around 30-40 children have been regularly attending the classes every Sunday from 6 a.m. to 7:30 a.m. at Khudupur and Kansapada villages. To take this enlightening process forward and hone the hidden talents of village students, all the UBA volunteers and the faculty worked whole-heartedly.



*Figure 1 Children actively participating in the storytelling session*



*Figure 2 Stretching their tender bodies*



*Figure 3 UBA volunteers engrossing the inquisitive minds with moral activities*