

## **Seminar on “Ayurveda for Improving the Quality of Life”**

- Topic:** Ayurveda for Improving the Quality of Life
- Speaker:** Dr. M. M. Rao, Director of Central Council for Research in Ayurvedic Sciences (an autonomous body of the Ministry of AYUSH)
- Date:** 17<sup>th</sup> March 2022 (Thursday)
- Time:** 5:00 PM
- Venue:** Community Center, IIT Bhubaneswar

### **Biography of the speaker:**

**Dr. M. M. Rao** graduated from A.P. University of Health Sciences and did his masters from Banaras Hindu University, Varanasi in Shalya- Ayurvedic Surgery. He did Ph.D. in Ayurveda-Shalya from - Tilak Maharashtra Vidyapeeth, pune. He has joined the Central Council for Research in Ayurvedic Sciences (CCRAS) in 1996 and has worked in different capacities such as Research Officer, Assistant Director, Deputy Director and promoted to Director (Institute) in 2009. Presently he is working as Director, Central Ayurveda Research Institute, Bhubaneswar, Odisha under CCRAS Ministry of AYUSH, Govt of India. He has published more than 120 papers in reputed peer reviewed journals, about 10 monographs, Research Compendia and also contributed chapters in Books. He shared as panellist in many National and international platforms and represented the council in abroad.