

Cycling Workshop (Phase 2)

Women Welfare Committee, IIT Bhubaneswar



As per the Institute guideline (refer to the email from the Director in women's day message on March 10, 2025), as a mandatory life skill, cycling is required to be demonstrated by all students of IIT Bhubaneswar. To facilitate students in acquiring this essential skill, the **Women Welfare Committee (WWC)** organized a two-phase **Cycling Workshops** in two consecutive Saturdays (3-5 pm) dated 24.01.26 and 31.01.26.

Event Details

Phase 1

- **Date:** 24th January 2026 (Saturday)
- **Time:** 3:00 PM – 5:00 PM
- **Venue:** MHR Grounds, IIT Bhubaneswar

Phase 2

- **Date:** 31st January 2026 (Saturday)
- **Time:** 3:00 PM – 5:00 PM
- **Venue:** Hockey Ground, IIT Bhubaneswar

Participation and Faculty Presence

The workshops witnessed active participation from students across the institute. Members and volunteers of the Women Welfare Committee actively assisted the participants throughout the session, ensuring a safe, encouraging, and inclusive learning environment. Both phases of the workshop were conducted in the presence of respected faculty members Dr. Anasuya

Roychowdhury, Dr. Prama Bhattacharya, and Dr. Kiranmayi Landu, whose support and encouragement greatly contributed to the smooth conduct and success of the sessions.



Workshop Overview

Prior to the workshops, data was collected through Faculty Advisors and hostel records to identify students who did not possess the cycling skill. Prior to the 2nd phase, in addition to the datasets received from faculty advisors and girls' hostels, email was sent to all students of IIT Bhubaneswar. On 31st January, demonstrations and skill reviews were conducted for students who were under the training from the previous phase. Students who could not participate earlier also joined this phase to begin their training. Total 15 students participated in the 2nd phase of cycling worksop.

The workshops were conducted as hands-on training sessions focusing on balance, posture, starting and stopping techniques, and safe riding practices. Members and volunteers of the Women Welfare Committee provided continuous guidance, ensuring a safe, structured, and encouraging learning environment for all participants.



Outcome

The two-phase structure allowed students to practice progressively and build confidence. Participants demonstrated noticeable improvement in cycling ability and self-assurance by the end of the sessions. The workshops successfully contributed towards helping students move closer to fulfilling the mandatory cycling requirement. Total, in two phases, 27 students received cycling training or demonstrations through the Women Welfare Committee.

Overall, the Cycling Workshops were successfully conducted and stand as a meaningful initiative reflecting the Women Welfare Committee's sustained commitment to student welfare, skill development, and inclusive campus engagement.